

TEN REASONS TO LIFEGUARD

for American Pool!

- 10 Receive top lifeguard and CPR training.
- 9 Lifeguard giveaways and prizes all summer.
- 8 Work at a pool by your house.
- 7 The office is open and ready to answer questions.
- 6 Get \$\$\$ for referring your friends.
- 5 Feel proud to serve your community.
- 4 Our supervisors are available and ready to help.
- 3 Get paid on time.
- 2 Meet new friends every season.
- 1 Spend your summer having fun and getting paid.

CONNECT



American Pool

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GUARDFORLIFE.COM



GUARD FOR LIFE

YOUR AMERICAN POOL CONNECTION



**YOU WILL LOVE
LIFEGUARDING**

HOW I BECAME A LIFEGUARD

I am safety conscious and responsible

I passed the required tests

I am at least 15 years old

I have a positive attitude

Curious about the test? Here's a summary:

To start, you'll swim 300 yards continuously demonstrating breath control and rhythmic breathing. You may swim using the front crawl, breaststroke or a combination of both.

Next, place your hands under your armpits and tread water for 2 minutes using only your legs.

Lastly, complete a timed event exercise within 1 minute, 40 seconds. Starting in the water, swim 20 yards. Swimming goggles are not allowed. Surface dive to a depth of 7 to 10 feet to retrieve a 10-pound object. Return to the surface and swim 20 yards on your back to return to the starting point with both hands holding the object and keeping your face at or near the surface. You should not swim the distance under water. Exit the water without using a ladder or steps.



Job Perks

Check off the perks you like best.

- ☐ Get paid on-time
- ☐ Bonuses and Rewards
- ☐ Real Supervisor Support
- ☐ Easy online platform

"I love the online scheduling program and that I can always talk to someone if I need help."

- Guard for Life Lifeguard



IN YOUR AREA

We have pools located close to your home.



Visit guardforlife.com/jobs to check out the full listing or to apply online.



WHY WORK FOR US?

30+ years experience Top tier training
Dedicated support staff
Great pay Online scheduling
Earn bonuses Career growth
Close to home

OTHER LOCATIONS

Away at school? Visit guardforlife.com for opportunities in your area.



Visit guardforlife.com for more information or to apply today.